

# APSS Dhaka Basic Course 2020

18-19 April, 2020

National Institute of Traumatology and Orthopaedic Rehabilitation (NITOR)

Dhaka, Bangladesh

## Tentative Program

Time	Agenda	Speakers
08:00-08:10	<b>Registration</b>	
08:10-08:15	Welcome Address	<b>Dr. Kh. Abdul Awal Rizvi</b>
<b>Thoraco-Lumbar Session (Degenerative)</b> <b>Moderators: Dr. Ankur Nanda &amp; Dr. Md. Abdul Awal Bhuiyan</b>		
08:15-08:25	Lumbar Discectomy: Indications, techniques, outcome	<b>Dr. Rohit Pokharel</b>
08:25-08:35	Laminectomy, Medial Facetectomy & Laminoplasty: Indications, techniques, outcome	<b>Dr. Kh. Abdul Awal Rizvi</b>
08:35-08:45	Lumbar Posterolateral fusion, bone graft options & harvesting techniques	<b>Dr. Md. Anowarul Islam</b>
08:45-08:55	PLIF, TLIF: Indications, techniques, outcome	<b>Dr. Rishi M Kanna</b>
08:55-09:10	<b>Q &amp; A Session</b>	
09:10-09:20	Spondylolisthesis-Reductions versus in situ fusion	<b>Dr. Ankur Nanda</b>
09:20-09:30	Technique of reduction of high grade lysis	<b>Dr. Gururaj Sangodimath</b>
09:30-09:40	Far lateral disc herniation: Indications, outcomes, techniques	<b>Dr. Raghu Prasad Varma</b>
09:40-09:50	Cauda equina syndrome (Acute/Chronic): Decompression techniques, outcomes	<b>Dr. Raghu Prasad Varma</b>
09:50-10:15	Interactive Case discussion: Lumbar / Thoracic Pathology	
10:15-10:30	<b>Tea break</b>	
10:30-12:00	Saw bone Workshop: PLIF and TLIF	<b>All</b>
<b>Cervical Session (Degenerative)</b> <b>Moderators: Dr. Rohit Pokharel &amp; Dr. Manjurul Hoque Akanda Chowdhury</b>		
12:00-12:10	Cervical Anterior Discectomy and Fusion: Indications, outcomes, techniques	<b>Dr. Md. Shah Alam</b>
12:10-12:20	Cervical Lateral Mass Screws: Indications, outcomes, techniques	<b>Dr. Ankur Nanda</b>

12:20-12:30	Cervical pedicle screw fixation technique	<b>Dr. Gururaj Sangodimath</b>
12:30-12:40	Cervical Laminoplasty: Indications, outcomes, techniques	<b>Dr. Md. Kamrul Ahsan</b>
12:40-12:50	Surgical management of cervical OPLL: Anterior/posterior	<b>Dr. Raghu Prasad Varma</b>
12:50-13:00	Cervical myelopathy –Evaluation & management strategy	<b>Dr. Rishi M Kanna</b>
13:00-13:20	Interactive Case discussion: Cervical Pathology	
13:20-14:00	<b>Lunch and Prayer Break</b>	
14:00-14:10	Approaches to cervicodorsal junction	<b>Dr Raghu Prasad Varma</b>
14:10-14:20	Posterior cervicalforaminotomy	<b>Dr. Rohit Pokharel</b>
14:20-14:30	Applied anatomy of the craniocervical junction	<b>Dr. Faizul Hassan</b>
14:30-14:40	C1C2 fixation techniques	<b>Dr. Rishi M Kanna</b>
14:40-14:50	Occipito-cervical fixations: Indications & techniques	<b>Dr. Rishi M Kanna</b>
14:50-15:10	Interactive Case demonstration of Craniocervical junction	<b>Dr. Faizul Hassan/All</b>
15:10-16:50	Hand's on Cervical spine: Lateral mass screw, Pedicle screw fixations	<b>All</b>
16:50-17:10	<b>Tea break &amp; Photo Session</b>	
17:10-18:30	Hand's on: ACDF, Cervical Laminoplasty	<b>All</b>

19:30-22:00	<b>Course Dinner</b>	
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# Day 2

<b>Trauma Session</b>		
<b>Moderators: Dr. Raghu Prasad Varma &amp; Dr. Md. Yousuf Ali</b>		
Time	Agenda	Speakers
08:00-08:10	Spinal trauma management protocol in emergency department	<b>Dr. Kh. Abdul Awal Rizvi</b>
08:10-08:25	How Classification helps in Management for dorsolumbar trauma?	<b>Dr. Rishi M Kanna</b>
08:25-08:35	limitation of ASIA score in Thoracolumbar trauma	<b>Dr. Gururaj Sangodimath</b>
08:35-08:45	Conservative management of dorsolumbar trauma: Indications, Protocol and outcomes	<b>Dr. Md. Kamrul Ahsan</b>
08:45-08:55	Operative management: Controversy- Anterior Versus Posterior, Short Versus Long, Fusion Versus Non-Fusion	<b>Dr. Syed Shahidul Islam</b>
09:05-09:15	Principle of contouring of Rod	<b>Dr. Rajat Mahajan</b>
08:55-09:05	Bowel & bladder care protocol in a spinal trauma patient	<b>Dr. Rohit Pokharel</b>
09:15-09:25	<b>Q &amp; A Session</b>	
09:25-09:45	Interactive Case discussion Session.	<b>All</b>
09:45-10:00	<b>Tea break</b>	
10:00-11:30	Saw bone Workshop:Lumbar Pedicle Screws, Thoracic Pedicle Screws Insertion technique	<b>All</b>
11:30-11:40	Sub axial Cervical Spine Injury Classification system, Management strategy	<b>Dr. Md. Fazlul Hoque</b>
11:40-11:50	Tong Traction:Indication, Reduction technique for cervical faecetal dislocation	<b>Dr. Syed Shahidul Islam</b>
11:50-12:00	ACCF:Indications, techniques & outcome	<b>Dr. Md. Anowarul Islam</b>
12:00-13:30	Saw bone Workshop: C1-C2 trans-articular fixations, CO-C2 fixations	<b>All</b>
13:30-14:00	<b>Lunch and Prayer Break</b>	

<b>Deformity Session</b>		
<b>Moderators: Dr. Gururaj Sangodimath &amp; Dr. Md. Shahidul Islam Akon</b>		
14:00-14:15	AIS: Understanding Strategic Vertebra and Lenke classification	<b>Dr. Rajat Mahajan</b>
14:15-14:25	Bracing indications, guidelines, benefits, limitations, compliance and recent advances.	<b>Dr. Md. Shah Alam</b>
14:25-14:40	Operative –Surgical techniques, fusion level & shoulder balance	<b>Dr. Raghu Prasad Varma</b>
14:40-14:50	Ankylosing Spondylitis-what you really needed to know?	<b>Dr. Gururaj Sangodimath</b>
14:50-15:00	Post TB Kyphosis –How much correction you needed?	<b>Dr. Ankur Nanda</b>
15:00-16:30	Saw bone Workshop: Pedicle screw fixation in scoliosis, Pelvic screw, Iliac screw, S2 Alar Screw	<b>All</b>
16:30-16:45	<b>Tea break</b>	
<b>Miscellaneous</b>		
<b>Moderators: Dr. Rishi M Kanna &amp; Dr. Sharif Ahmed Jonayed</b>		
16:45-16:55	Kyphoplasty and Vertebroplasty: Indications & Tips	<b>Dr. Gururaj Sangodimath</b>
16:55-17:05	Post-operative Discitis –Management strategy	<b>Dr. Ankur Nanda</b>
17:05-17:15	How to fix an osteoporotic spine	<b>Dr. Rajat Mahajan</b>
17:15-17:25	How to deal with dural tears and CSF leaks	<b>Dr. Faizul Hassan</b>
17:25-17:35	Adjacent segment disease	<b>Dr. Rohit Pokharel</b>
17:35-17:45	Revision surgery in Spine- Principles & approach	<b>Dr. Ankur Nanda</b>
17:45-17:55	Problems of fixations in a growing spine	<b>Dr. Raghu Prasad Varma</b>
17:55-18:05	Primary Spinal Tumor-Management strategy	<b>Dr. Faizul Hassan</b>
18:05-18:15	Surgical strategies for management of metastatic spinal disease	<b>Dr. Gururaj Sangodimath</b>
18:15-18:30	<b>Closing Ceremony</b>	