



APSS Dhaka Basic Spine Course 2020 18-19 April 2020

VENUE

**National Institute of Traumatology &
Orthopaedic Rehabilitation (NITOR)**

REGISTRATION FEES

APSS Member	USD 200
Non-APSS Member	USD 300

COURSE SECRETARIAT:

Bangladesh Spine Society (BSS), NITOR, Dhaka, Bangladesh.
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APSS SECRETARIAT:

Level 41, Vista Tower, The Intermark, 348, Jalan Tun Razak, 60400 Kuala Lumpur, Malaysia.
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Tentative Program

Day 1 – 18 April 2020

08:00-08:10 Registration
08:10-08:15 Welcome Address

Thoraco-Lumbar Session (Degenerative)

08:15-08:25 Lumbar Discectomy: Indications, techniques, outcome
08:25-08:35 Laminectomy, Medial Facetectomy&Laminoplasty: Indications, techniques, outcome
08:35-08:45 Far lateral disc herniation: Indications, outcomes, techniques
08:45-08:55 Lumbar Posterolateral fusion, bone graft options & harvesting techniques
08:55-09:05 PLIF, TLIF: Indications, techniques, outcome
09:05-09:25 Q & A Session
09:25-09:35 Spondylolisthesis-Reductions versus in situ fusion
09:35-09:45 Technique of reduction of high grade lsthesis
09:45-09:55 Cauda equina syndrome (Acute/Chronic): Decompression techniques, outcomes
09:55-10:10 Interactive Case discussion: Lumbar / Thoracic Pathology
10:10-10:30 Photo Session & Tea break
10:30-12:00 Saw bone Workshop: PLIF and TLIF

Cervical Session (Degenerative)

12:00-12:10 Cervical Anterior Discectomy and Fusion: Indications, outcomes, techniques
12:10-12:20 Cervical Lateral Mass Screws: Indications, outcomes, techniques
12:20-12:30 Cervical Laminoplasty: Indications, outcomes, techniques
12:30-12:40 Surgical management of cervical OPLL: Anterior/posterior
12:40-01:00 Interactive Case discussion
13:00-14:00 Lunch
14:00-14:10 Cervical myelopathy –Evaluation & management strategy
14:10-14:20 Posterior cervical foraminotomy
14:20-14:30 Cervical pedicle screw fixation technique
14:30-14:40 C1C2 fixation techniques
14:40-14:50 Occipito-cervical fixations: Indications & techniques
14:50-15:15 Interactive Case discussion
15:15-16:45 Hands on Cervical spine: Lateral mass screw, Pedicle screw fixations
16:45- 17:00 Tea break
17:00-18:30 Saw bone Workshop: ACDF, Cervical Laminoplasty

19:00-21:00 Course Dinner

Day 2 – 19 April 2020

Trauma Session

- 08:00-08:10 Spinal trauma management protocol in emergency department
08:10-08:20 How Classification helps in developing of Management for dorsolumbar trauma?
08:20-08:30 limitation of ASIA score in Thoracolumbar trauma
08:30-08:40 Conservative management in dorsolumbar trauma: Indications, Protocol and outcomes
08:40-08:55 Operative management: Controversy- Anterior Versus Posterior, Short Versus Long, Fusion Versus Non-Fusion
08:55-09:05 Bowel & bladder care protocol in a spinal trauma patient
09:05-09:15 Principle of contouring of Rod
09:15-09:25 Q & A Session
09:25-09:45 Interactive Case discussion Session.
09:45-10:00 Tea break
10:00-11:30 Saw bone Workshop: Lumbar Pedicle Screws, Thoracic Pedicle Screws Insertion technique
11:30-11:40 Tong Traction: Indication, Reduction technique for cervical faecetal dislocation
11:40-11:50 ACCF: Indications, techniques & outcome
11:50- 13:10 Saw bone Workshop: C1-C2 trans-articular fixations, CO-C2 fixations
13:10-14:00 Lunch

Deformity Session

- 14:00-14:15 Understanding pathogenesis of AIS and Lenke classification
14:15-14:25 Conservative management: Pitfall & controversy
14:25-14:40 Operative –Surgical techniques, fusion level & shoulder balance
14:40-14:50 Ankylosing Spondylitis-what you really need to know?
14:50-15:00 Post TB Kyphosis –How much correction needed?
15:00-16:30 Saw bone Workshop: Sacro Pelvic fixation, Illiac screw, S2 Alar Screw
16:30-16:45 Tea break

Miscellaneous

- 16:45-16:55 Kyphoplasty and Vertebroplasty: Indications & Tips
16:55-16:55 Post-operative Discitis –Management strategy
16:55-17:05 How to fix an osteoporotic spine
17:05-17:15 How to deal with dural tears and CSF leaks
17:15-17:25 Adjacent segment disease
17:25-17:35 Revision surgery in Spine- Principles & approach
17:35-17:45 Problems of fixations in a growing spine
17:45-17:55 Primary Spinal Tumor-Management strategy
17:55-18:05 Surgical strategies for management of metastatic spinal disease
18:05-18:15 Closing ceremony