

APSS Operative Spine Course, Kathmandu, 29th - 31st May 2014

Report submitted by Dr Rohit K Pokharel and Dr Rabindra L Pradhan

The preparation of this course began when the Chairman of APSS Prof Arvind Jayaswal and Prof Kuniyoshi Abumi along with Miss Cheryl Low came for the site inspection on March 9-10th 2014. After visiting various hospitals, it was decided that the venue would be Kathmandu Medical College Teaching Hospital, Sinamagal. During the meeting, it was decided that there would be two operating theaters that would conduct live surgeries that would be transmitted in lecture hall D and about 8/10 cases to be operated depending on the availability of the cases. The meeting was also attended by some executive members of Association of Spine Surgeons of Nepal (ASSN) (Dr Bimal K Pandey, Dr Dipak Shrestha, Dr Suraj Bajracharya). The chairmen of the local organizing committee were decided as Dr Rohit K Pokharel and Dr Rabindra L Pradhan.

The three-day event was first of its kind in any field of Surgery in Nepal and we are extremely grateful to APOA and APSS for choosing Nepal as the country to conduct the course. It was a great learning experience for the local organizing committee and the participants. There was very active participation from the delegates and the discussion led by our prominent overseas faculty was indeed very enlightening. The local delegates and those from abroad have sent us many positive feedbacks and hopefully we will be able to conduct such courses in the years to come.

Name: Operative Spine course, Kathmandu, Nepal

Date: 29th - 31st May 2014

Venue: Kathmandu Medical College Teaching Hospital, Sinamagal, Kathmandu

Faculty list: Arvind Jayaswal (India)

Kuniyoshi Abumi (Japan)

Jae-Yoon Chung (Korea)

Keith Luk (Hong Kong)

Kwan Mun-Keong (Malaysia)

Wong Chung-Chek (Malaysia)

K S Sivananthan (Malaysia)

Vo Van Thanh (Vietnam)

Ashok Jaryal (India)

Rohit K Pokhrel (Nepal)

Rabindra L Pradhan (Nepal)

Programme: As attached

Cases operated:

1. Cervical myelopathy – ACDF
2. C2 os odontoideum with cervical myelopathy – Occipito – cervical fusion
3. Cervical TB spine – Cervical pedicle screw fixation
4. Spinal stenosis with spondylolisthesis – Decompression and TLIF
5. Low grade spondylolisthesis – TLIF
6. Post traumatic kyphosis - Deformity (PSO) correction and posterior stabilization
7. L3/4 fracture dislocation – Reduction and posterior fixation
8. Gr II spondylolisthesis – TLIF and decompression

Total number of participants – 54 (fifty four) consisting of 46 (forty six) local and 8 (eight) overseas participants.

Registration fee:

Local – NPR 10,000 – surgeons

Local – NPR 7000 – residents

Overseas – US \$100